

**DDESS-Guam School District
September 2008 Lunch Menu
Elementary School**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 1 Labor Day Federal Holiday	Sep 2 Beef Ravioli (2 oz) Steamed Rice (1/2 c) Mixed Vegetables (2 oz) Pineapple Chunks (4 oz) Dinner Roll (1 ea) Chilled Asst. Milk (8 oz)	Sep 3 Baked Chicken (2 oz) Red Rice (1/2 c) Cut Corn (2 oz) Pear Halves (4 oz) Dinner Rolls (1 pc) Chilled Asst. Milk (8 oz)	Sep 4 Hot Ham & Cheese Wrap Cut Corn (2 oz) Fresh Apple (1 ea) Whole Wheat Dinner Roll (1 ea) Chilled Asst. Milk (8 oz)	Sep 5 Sloppy Jee on a Bun (2 oz/1 ea) Steamed Green Peas (2 oz) Chilled Grapes (1/2 c) Chilled Asst. Milk (8 oz)
Sep 8 Beef Soft Tacos (2 oz) Baby Carrots (2 oz) Fiesta Fruit Salad (4 oz) Dinner Roll (1 ea) Chilled Asst. Milk (8 oz)	Sep 9 BBQ Baked Chicken (2 oz) Red Rice (1/2 c) White Bread (1 ea) Stir Fry Carrots & Cabbage (2 oz) Fresh Apples (1 pc) Chilled Asst. Milk (8 oz)	Sep 10 Ham & Cheese Pizza (2 oz) Carrots Sticks w/Fat Free Ranch Dressing (1/4 c) Chilled Grapes (1/2 c) Chilled Asst. Milk (8 oz)	Sep 11 Chicken Stir-Fry (2 oz) w/ Carrots and Cabbage (2 oz) Steamed Rice (1/2 c) Fresh Bananas (1 pc) Dinner Roll (1 pc) Chilled Asst. Milk (8 oz)	Sep 12 Cheeseburger on a Bun (2 oz/1 ea) With Condiments Celery Sticks (2 oz) Sliced Pineapples (4 oz) Chilled Asst. Milk (8 oz)
Sep 15 Salsbury Steak (2 oz) w/Brown Gravy (1/4 c) Cut Corn (2 oz) Sliced Peas (4 oz) Dinner Roll (1 pc) Chilled Asst. Milk (8 oz)	Sep 16 Chicken Stew (2 oz) w/ Carrots and Potatoes (2 oz) Steamed Rice (1/2 c) Sliced Peaches (4 oz) Chilled Asst. Milk (8 oz)	Sep 17 Baked Ham (2 oz) Red Rice (1/2 c) Corn on the Cob (2 oz) Fresh Banana (1 ea) Dinner Roll (1 ea) Chilled Asst. Milk (8 oz)	Sep 18 Roast Turkey (2 oz) w/ Brown Gravy (1/4 c) Steamed Rice (1/2 c) Steamed Carrots (1/4 c) Chilled Grapes (1/2 c) Dinner Roll (2 ea) Chilled Asst. Milk (8 oz)	Sep 19 NO SCHOOL Teacher Training Day
Sep 22 Pork Adobo (2 oz) w/ Potato (2 oz) Steamed Rice (1/2 c) Chilled Grapes (1/2 c) Chilled Asst. Milk (8 oz)	Sep 23 Penne Pasta w/Meat Sauce (1 Cup) Mixed Vegetables (2 oz) Fiesta Fruit Salad (4 oz) Dinner Roll (1 pc) Chilled Asst. Milk (8 oz)	Sep 24 Oven Baked Chicken (2 oz) w/ Country Gravy (1/4 c) Cut Corn (2 oz) Whole Wheat Dinner Roll (1 pc) Fresh Apple (1 ea) Chilled Asst. Milk (8 oz)	Sep 25 BREAKFAST FOR LUNCH: Scrambled Egg Tortilla Steamed White Rice (1/2 c) Pea and Carrots (2 oz) Pineapple Chunks (4 oz) Chilled Asst. Milk (8 oz)	Sep 26 Turkey Ala King (2 oz) Steamed Rice (1/2 c) Wheat Bread (1 pc) Chilled Peaches (1/2 c) Chilled Asst. Milk (8 oz)
Sep 29 Chili dog on a Hordog Bun (2 oz/1 bun) Crinkle Cut Fries (1/2 c) Peach Halves (1/2 c) Chilled Asst. Milk (8 oz)	Sep 30 Chicken Adobo (2 oz) Steamed Rice (1/2 c) Cut Corn (2 oz) Pear Halves – Fresh (4 oz) Dinner Roll (1 pc) Chilled Asst. Milk (8 oz))

This institution is an equal opportunity provider and employer.