



**GUAM HIGH SCHOOL  
ATHLETIC PROGRAM  
HANDBOOK**

**2006-2007**

**ADMINISTRATION**

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# GHS ATHLETIC PROGRAM HANDBOOK

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# **GUAM HIGH SCHOOL ATHLETIC PROGRAM**

## **(GHSAP)**

### **INTRODUCTION**

Participation in interscholastic athletics carries with it certain responsibilities and expectations that are extraordinary and that may not be required of the non-athlete. Athletes can and should have a positive impact on student achievement and school climate. Therefore, there is an expectation that student-athletes will achieve above and beyond what is generally expected regarding effort and attitude. If a student-athlete performs below expectations, then his/her continued participation will be regarded as being in jeopardy.

As a member of the Guam High School student body, you are eligible to participate in the interscholastic athletic program conducted by the school district. Please study the following regulations and guidelines that athletes are expected to observe and parents/guardians are expected to enforce for participation in our athletic programs.

#### **FOCUS**

Students are the focus of our endeavors. The Guam High School Athletic Program (GHSAP) believes that most students enjoy the pursuit of excellence and seek opportunities to test themselves against their own accomplishments and those of their peers.

#### **MISSION**

The mission of the Guam High School Athletic Program, a partner in athletics and academics, is to ensure and enhance the quality of life for the youth of our school district by providing competitive activities. These activities will produce young men and women able to enter the community and become constructive, contributing members of society.

### **GOALS OF THE “PANTHER” ATHLETIC PROGRAM**

#### **Develop Life Long Skills**

Under the direction of the coaches, participants will have the opportunities to develop sports skills that will prepare them for participation in other community sports programs and develop skills they can use throughout their adult life.

#### **Competition Experiences**

Athletes benefit from physical and mental challenges participating in a variety of competitions through interscholastic sports and other community sports organizations.

#### **Sportsmanship**

The GHS Athletics Program provides a forum for excellent sportsmanship and positive social interaction between teammates, which often lead to long-lasting friendships.

## **PHILOSOPHY**

The participation in athletics by a student is a privilege and not a right. Therefore, it is important to have a written set of guidelines which will provide a better understanding involving the expectations of participation in our interscholastic athletic program at GHS.

The GHS Athletic Program (GHSAP) promotes the physical, social, emotional, and intellectual self-worth of students. The athletic program is an integral part of the total educational process for developing student potential to become productive and valued members of a global society.

Athletics provide opportunities for students to develop and utilize athletic talents fully in organized competition with students of similar ability. The ultimate mission of the GHS Athletic Program as an integral part of the total educational program is to ensure and enhance the quality of life for youth by providing competitive activities that will produce young men and women able to enter the community and become constructive, contributing members of society.

With special concern for youngsters of all ethnic groups and varied backgrounds, the GHSAP assists these youths to help them to realize their full potential relative to their growth and development. Basing its programs upon participation, community involvement, and its recognized role as molders of men and women, GHSAP is aware of influences of the total environment and so will provide its youth with a competitive, varied, and diversified program, designed not only to teach athletic skills, but to also instill good character and teach sound values. Therefore, to accomplish our mission in GHSAP, we provide our youth with effective services based on principles of behavioral guidance that will help achieve health, social, educational, physical, recreational, and cultural development.

## **NON-DISCRIMINATION NOTICE**

It is the policy of the Guam School District, that no person may be denied admission to any public school in this district or be denied participation in, be denied the benefits or be discriminated against in any extra-curricular program or activity because of the person's sex, race, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability or handicap as reflected by DoDEA 1005.1 Administrative Manual in sections 13.1 and 13.2 and referenced in DoDEA Regulation 2740.1 and 2740.2. This policy also prohibits discrimination as defined by Title IX of the Educational Amendments of 1972 (sex), Title VI of the Civil Rights Act of 1964 (race and national origin) and Section 504 of the Rehabilitation Act of 1973 (handicap).

## **SPORT SEASONS**

The sports seasons are listed below. Practice for First Quarter sports begins in Mid-July; Second Quarter sports practice begins in October; practice for Third Quarter sports begins in December; practice for Fourth Quarter sports begins in March. The schedule is subject to change.

<u><b>First Quarter Sports</b></u> <ul style="list-style-type: none"><li>➤ Football</li><li>➤ Girls Volleyball</li><li>➤ Cross-Country</li><li>➤ Spirit Team (Cheerleading)</li></ul>	<u><b>Second Quarter Sports</b></u> <ul style="list-style-type: none"><li>➤ Girls Basketball</li><li>➤ Boys Soccer</li><li>➤ Boys Baseball</li><li>➤ Tennis</li></ul>
<u><b>Third Quarter Sports</b></u> <ul style="list-style-type: none"><li>➤ Boys Basketball</li><li>➤ Girls Softball</li><li>➤ Wrestling</li><li>➤ Golf</li><li>➤ Rugby</li></ul>	<u><b>Fourth Quarter Sports</b></u> <ul style="list-style-type: none"><li>➤ Girls Soccer</li><li>➤ Boys Volleyball</li><li>➤ Track and Field</li></ul>

## **STATEMENT OF PURPOSE**

Interscholastic athletics is an integral part of the curriculum. As such, it provides certain opportunities and emphasizes definite aims difficult to duplicate in other activities or later in life. The purposes of the GHS Athletic Program are to:

- Provide competition opportunities for the highly skilled with opponents of comparable skill.
- Provide activities that help to create school unity.
- Make available opportunities to learn good habits of health, sanitation and safety.
- Promote friendships both with teammates and opponents.
- Provide opportunities to exemplify and observe good sportsmanship.
- Teach attitudes of responsible team play and cooperation.
- Help students realize that participation in interscholastic athletics is a privilege with accompanying responsibilities.
- Provide an atmosphere where individual guidance can help to motivate young people to greater efforts in pursuits outside of the athletics world.
- Teach students to make and accept decisions, discipline and responsibility.
- Provide activities for learning self-discipline, loyalty, team play, personal pride, pride in the organization, respect for the rights of others, and the will to win. They place the unit, team, squad, and school above personal desire.
- Help students develop a desire to win because only in that manner will each athlete try to do his/her best. This is necessary throughout his/her life.
- Sharpen intellect, improve concentration and help assure that a healthy body is going to do better mental work.

Students shall have the opportunity to participate in the interscholastic athletic program if they are willing to assume certain responsibilities. Athletes must display high standards of behavior, exemplify good sportsmanship, show respect for others, and meet all IIAAG, DoDEA and Guam School District eligibility requirements.

## **SPORTSMANSHIP CODE**

Responsible behavior where students play hard, play safe, and accept the results of interscholastic competition is GHSAP's sportsmanship goal. Keep athletics in perspective.

Given the adverse influence that higher levels of athletic competition have on our communities as well as our student-athletes, it is important that we establish an acceptable standard for sportsmanlike behavior and admonish behavior that is unacceptable.

### **As a coach - we ask that you:**

- Exemplify the highest degree of moral character, behavior, and leadership - adhering to strong ethical standards.
- Respect the integrity and personality of the athlete.
- Teach the rules of the game - both the letter and spirit of the rule.
- Set a good example for players and spectators.
- Respect the integrity and judgment of game officials.
- Teach and reward sportsmanship.
- Meet with the parents, and:
  - Explain game rules.
  - Set standards of acceptable behavior.
  - Let parents know that their actions can and will affect the team.
  - Remind all that admission to an event is a privilege, and with that privilege comes the responsibility to conduct oneself in an appropriate manner.

### **As a student-athlete we ask that you:**

- Accept and understand both the seriousness of your responsibilities and the privilege of representing the school and community.
- Learn the rules of the game.
- Treat opponents the way you would like to be treated.
- Respect the integrity and judgment of game officials.

### **Keys to good sportsmanship are simple:**

- Know the rules of the game.
- Recognize good plays in both teams.
- Respect your opponents and their spectators.
- Realize that individual and team errors lose more games than bad calls.
- Practice the golden rule.

## **GENERAL ELIGIBILITY RULES AND REGULATIONS**

### **I. Eligibility Requirements for Secondary School Participants**

Students are eligible to represent their school in interscholastic activities if:

- A. All students participating in interscholastic events must be amateurs as defined by Rule III, Section 1 (3.1) found in the IIAAG Rules and Regulations and DoDEA 2740.2 Section G, Part 8.
- B. A high school student may participate if he/she is under nineteen (19) years of age on the first day of August of the school year in which the student wishes to compete (IIAAG Rule IV, Section 4 (4.5) and DoDEA 2740.2, Section D, Part 1).
- C. A high school student may participate in IIAAG competitions for a total of eight (8) consecutive semesters starting when he/she enters the ninth grade (IIAAG Rule IV, Section 4 (4.4) and DoDEA 2740.2, Section D, Part 2).
- D. To be eligible to participate in interscholastic athletics, students must maintain a minimum 2.0 GPA and receive no more than one failing grade. All students will be eligible at the beginning of each new school year. After the first week of the school year, athletes will be monitored weekly for eligibility. (DoDEA 2740.2, Section D, Part 4).
- E. To be eligible, an athlete must attend classes as a full-time student as defined in his/her school's written curricular policies (IIAAG Rule IV, Section 4 (4.8) and DoDEA 2740.2, Section D, Part 3).
- F. In order to compete, a student must attend at least ten (10) practice sessions (that include conditioning exercises) commencing no sooner than the first scheduled practice date announced by the league (IIAAG Rule IV, Section 4.9 (4.9.2) and DoDEA 2740.2, Section E, Part C.1).
- G. A student may participate in only one IIAAG sponsored athletic event at one time while having unlimited participation in non-athletic events (IIAAG Rule IV, Section 4.10 and DoDEA 2740.2, Section D, Part 9).

### **II. Limitation of Awards – (As per IIAAG Rules and Regulations)**

- A. **Awards to Individuals.** A member school may not give, and a student may not accept, awards for participation in interschool competition in excess of \$8.00 per year (total for all IIAAG school activities). A student may accept a symbolic award in recognition of his/her achievement in an interschool contest if it is given by the organization conducting the contest (e.g., all-tournament awards, ribbons, plaques, and medals).
- B. **Awards to Schools.** A district championship trophy or award may be awarded by the district (DoDEA Regulation 2740.2).

### III. General Regulations

- A. **Designated Administrator.** It is required that schools have a designated administrator at all home events. This person should be someone other than the person coaching the contest.
- B. **Rules Jurisdiction.** All public schools that participate in interscholastic sports activities must abide by Guam public school laws, DoDEA policy, and IIAAG regulations.
- C. **Non-discrimination Policy.** DoDEA Regulation 2740.1 stipulates that it is policy to:  
Provide all students the opportunity to participate in the interscholastic athletic program without regard to race, religion, color, national origin, sex, disability, or other factors unrelated to that participation.
- D. **Physical Examination.** A physical examination is required each year in high school athletic competition. An athletic physical is valid for one calendar year from the date of examination (IIAAG Rule IV, Section 4.6). DoDEA assumes no responsibility for the cost of physical examinations (DoDEA Regulation 2740.2, Section D, Part 5).
- E. **Scheduling.** All team sports, games, contests, or tournaments (including district competition) shall not begin prior to the end of the academic school day.
- F. **Coaches and Knowledge of Policy.** Each coach of an IIAAG team sport is responsible for knowledge of the rules and regulations governing that sport and program. The National Federation of State High School Association's (NFSHSA) current rules will govern each sport.
- G. **Scrimmage.** A practice game between at least two different schools.
- H. **Season.** The season begins with the first day of practice outside the school day or with the first scrimmage. The Principal in consultation with IIAAG will determine individual seasons.
- I. All high school events will be played by National Federation of State High School Association's (NFSHSA) Rules and Guidelines as sanctioned by IIAAG (IIAAG Rule VIII—Rule XIX).

### IV. Game Procedures

- A. **Responsible Adult.** An adult must be in charge of the scoring table and the clock, not students. This is not to say that students cannot help, but the adult is responsible in case of conflict and should be present at the table at all times.
- B. **Play as Scheduled.** All teams will play the games as scheduled. NO EXCEPTIONS!
- C. **Pulled Off Floor/Field.** Teams are NOT to be pulled off the floor/field (only exceptions will be according to IIAAG Rules and Regulations).
- D. **Stopped Contest.** If an administrative or official decision is made to stop the contest, the score will stand and the game and the game will not be replayed.

## **GUAM ATHLETIC COUNCIL**

The Guam School District has established the authority of an interscholastic athletic council at the building level in order to administer and enforce the district's/school's code of conduct.

The Guam High School Athletic Code of Conduct establishes a disciplinary program which may permit a student to petition/apply for reinstatement of their interscholastic athletic eligibility. Such petitions/applications shall be made to the Guam High School Athletic Council.

The Guam High School Athletic Council (GHSAC) shall consist of the building Principal or his/her designee, the school's Athletic Director, two head coaches, one teacher and the Student Council president. All are voting members with a majority of three (3) necessary for decision making authority.

The GHSAC shall consider and review:

- End of year athletic programs and provide interscholastic program recommendations to Principal for upcoming school year as an advisory council;
- Student Athletic Handbook and submit revision recommendations to the Principal;
- Establish administrative guideline for the review process, conduct of hearings, and review of a student's interscholastic athletic eligibility.

## **REVIEW OF ATHLETIC ELIGIBILITY**

The council shall establish administrative guidelines for the review process, conduct of hearings and review of a student's interscholastic athletic eligibility. Such guidelines shall be presented to the Principal for approval. Final revisions and/or modifications to the procedural guidelines must also be approved by the superintendent.

The GHSAC upon receipt of a student's application for reinstatement, shall meet with the student and the student's parents and may consider all relevant factors in determining whether the student's eligibility shall be reinstated and what conditions, if any, shall apply to the reinstatement. Such factors shall include, but not be limited to, the student's character, behavior, academic record, school discipline record, nature and frequency of conduct, remedial actions of the student, counseling, etc. Additionally, the athletic council shall have the sole discretionary authority to order conditions precedent to reinstatement such as, but not limited to, assessment, counseling, community service, team apologies, etc. In the event the council establishes conditions precedent to reinstatement, the council shall have the sole discretionary authority to determine if such contingencies and conditions precedent have been satisfied prior to ordering reinstatement of a student's eligibility to participate in interscholastic athletics.

## **ATHLETE ELIGIBILITY DUE PROCESS PROCEDURE**

Alleged eligibility violations will be filed in writing to the Athletic Director or Principal. The report must include details about the incident and must be properly signed by the person who witnessed the violation.

### **Athletic Director**

- Shall, upon receipt of the written statement, inform the athlete of the alleged violation.
- If the athlete does not deny the violation, the appropriate penalty as outlined in the athletic code will be administered.
- If the athlete denies the alleged violation, the Athletic Director will convene at the earliest possible time with the Review Board.
- The Athletic Director will have the authority to investigate the allegation in an effort to determine the situation.

### **Review Board**

- Shall consist of the assigned administrator, a head coach (not in season), and a teaching staff member.
- Shall convene the same day, if possible, that the Athletic Director makes his/her decision.
- The Athletic Director will present the allegation to the Review Board along with any other pertinent facts gathered. The athlete may state his/her case if he/she desires. The athlete's coach may be present. A decision shall be made at this time with a copy in writing given to the athlete and the Athletic Director. This information will be sent to the athlete's parents/guardian as soon as possible.

### **Athletic Council**

- Shall rule on violations only after the Athletic Director and Review Board have set forth a ruling on the alleged violation and such ruling is unsatisfactory to the accused, and further consideration is requested in writing by the accused within five (5) days of the Review Boards decision.
- Shall be chaired by the Athletic Director, who shall not have voting powers.
- The athlete, parents/guardian, and head coach of that sport may be present, with the athlete provided the opportunity to testify and present other evidence on his/her behalf.
- The athletic council and the athlete shall receive a copy of the allegation and decision reached by the Review Board.
- The athletic council shall rule on the situation by secret ballot and notify in writing the athlete and his/her parent/guardian of their decision. If done verbally at the meeting, the written notification shall follow via registered mail.

### District Administration

- If the athlete and his/her parents/guardians are not satisfied with the athletic councils' decision, a second hearing may be requested with the Superintendent or a party designated by the Superintendent.
- The Athletic Director or Principal must receive, in writing, a request for such a review within seven (7) days of the mailing of the outcome of the athletic council decision.
- The Athletic Director or Principal will forward the appeal letter, along with a copy of the:
  - Original appeal letter from the athlete and parent/guardians.
  - School's formal reply outlining the violation and infraction leading up to ineligibility status, and
  - Proceeding of both hearings.
- This hearing shall be convened at the earliest possible date following receipt of such request.

## **CONSEQUENCES FOR BEHAVIOR INFRACTIONS/APPLICATION FOR REINSTATEMENT**

1. First Offense/Incident: (In-Season/Out-of-Season)
  - a. A student found to be in violation of the athletic code or student code of conduct shall be removed from participation in all interscholastic athletic activities and shall be ineligible for participation in interscholastic athletic activities for one (1) quarter to one (1) calendar year depending on the behavior infraction.
  - b. A first time offender may apply for reinstatement to the building level interscholastic athletic council not earlier than two weeks after initial removal.
  - c. Upon receipt of a written request by the student and/or his parents, the building level interscholastic athletic council shall meet with student/parent to consider reinstatement of eligibility.
  - d. Written requests for a reinstatement review with the Athletic Council shall be delivered to the building Principal.
2. Multiple Offenses: (In-season/Out-of-Season)
  - a. A student determined to be in violation of the athletic code of conduct a second time during their attendance/enrollment in the Guam School District shall be removed from participation and shall be ineligible for participation in interscholastic athletic activities for a minimum of one calendar year.
    - 1) A student determined to be in violation of the athletic code of conduct a second time during their attendance/enrollment tenure in the Guam School District may apply for reinstatement to the athletic council one calendar year after removal. The athletic council shall have no authority to reinstate the student until the expiration of one calendar year after the removal of the student's eligibility.

- 2) Under this section, a student requesting reinstatement of interscholastic athletic eligibility may not apply for said reinstatement until ninety (90) days prior to the expiration of their removal from eligibility.
- b. A student found to be in violation of the athletic code of conduct or the student Code of conduct more than two times during their attendance and/or enrollment in the Guam School District in the grades 9 through 12 shall be permanently removed from participation in interscholastic athletic activities and shall not be permitted to apply for reinstatement.

### **SELF-REFERRAL POLICY**

The self-referral option is only available to students on the first infraction. If a student voluntarily seeks assistance for dealing with an alcohol or other drug problem by self-referral to their coach or school administrator prior to being determined to be in violation of the athletic code or student code of conduct and agrees to participate in an educational program approved by the athletic council, there shall be no prohibition from extracurricular activities. The educational program may consist of assessment, counseling, community service, etc. Refusal or failure to complete the required educational program will result in the full penalty as provided for in the athletic code of conduct. Self-referrals which result in no removal from participation are still considered first violations in the event of a subsequent second violation.

### **ADDITIONAL SPECIFIC ACTIVITY BEHAVIOR CONSEQUENCES**

Rules and regulations, consistent with this athletic code, shall be developed by the head coach for each sport's program. Coaches' rules must be approved by the Principal or designee prior to issuance to students. Such rules and regulations shall be issued in writing to each student participating in interscholastic athletic activities and provided to the student at the start of the season. Each coach may also impose reasonable consequences on students found in violation of the coach's rules and regulations. If the violation and the consequences result in suspension, expulsion, or removal from school, the process outlined in DoDEA Regulation 2051.1 and incorporated in the student code of conduct will be followed.

### **GAME SCHEDULING AND SITES**

Scheduling of all games will originate from the IIAAG. Changes or rescheduling should not occur unless cleared through the Athletic Director and the IIAAG Office. The Athletic Department will select the sites for athletic events. Seating capacity, anticipated attendance, availability, etc., will be considered in determining the site. Where rescheduling of games or sites is necessary, all Principals and coaches will be advised prior to the event.

## **I. Reasons for Game Cancellations and/or Schedule Changes**

### **A. ENVIRONMENTAL CONDITIONS**

1. Weather conditions hazardous to the health and safety of the participants.
2. Conditions rendering field not playable.

### **B. SPECIAL CAMPUS ACTIVITIES**

1. Testing conflicts.
2. Late scheduled activities by the Board or Superintendent.
3. Other administrative calendar conflicts involving the Superintendent's directive.

### **C. UNSAFE CONDITIONS OR DAMAGE TO CAMPUS**

1. Fire in the gymnasium.
2. Security problems.

### **D. NO TEAMS DUE TO LACK OF ELIGIBLE PLAYERS.**

## **II. Line of Communication for Game Cancellation and/or Rescheduling**

Cancellation of games rests first with the Athletic Director or administrator. If any of the above situations occur, the following lines of communication are to be followed to correct the situation, whether it be the rescheduling of an activity, the canceling of an activity, or both.

- A. When any environmental conditions interpreted by the Athletic Director as being hazardous to the health and well-being of our participants occurs, the Athletic Director will contact the appropriate school offices, notify them of the cancellation and of the rescheduling (if necessary) of the activity.
- B. If, on any campus, some unforeseen problem occurs that would affect the playing of any game (for example, a water line breaking in the middle of the soccer field), the Principal will call the Athletic Director notifying him/her of the situation. The Athletic Director will then investigate the overall situation in regards to whether or not the game can be changed and if the game may still be played or canceled and rescheduled at a later date.
- C. Coaches must always keep the school administrator and the Athletic Director informed of any schedule problems or changes within a timely manner.

# **GUAM HIGH SCHOOL ATHLETIC AWARDS**

## **PARTICIPATION CERTIFICATES**

Any athlete who completes a season in good standing on a JV or Varsity team will receive a certificate of participation for that sport.

## **LETTER CERTIFICATES AND AWARDS**

An athlete who completes a varsity sport season in good standing and has the specific letter requirements for that particular sport will earn an athletic letter and a letter winner certificate. In addition to the certificate the individual athlete will earn the following awards based on the number of letters earned:

- 1<sup>st</sup> year letter—sport pin, letter bar and chenille letter (1<sup>st</sup> time only)
- 2<sup>nd</sup> year letter—letter bar
- 3<sup>rd</sup> year letter—3 year medal, letter bar
- 4<sup>th</sup> year letter—4 year letter plaque, letter bar

All coaches reserve the right to withhold a letter from an athlete even though the athlete may have met all of the criteria. Justification for such actions will be provided to the individual athlete and parents.

All coaches reserve the right to award an athletic letter to an individual athlete for reasons other than the satisfaction of the minimum requirements for that5 particular sport.

## **ATHLETIC LETTERING CRITERIA**

Football	- Participate in ½ of quarters played in a season
Basketball	- Participate in ½ of quarters played in a season
Softball	- Participate in 1/3 of innings played in a season
Baseball	- Participate in 1/3 of innings played in a season
Cross-Country	- Score 10 points during team meets and compete in IIAAG Championship
Soccer	- Participate in 3/4 of periods played in a season
Volleyball	- Participate in ½ of periods played in a season
Wrestling	- 3 Varsity wins (not including forfeits) and compete in IIAAG Championship
Tennis	- Participate in ½ of matches played in a season and compete in IIAAG Championship
Golf	- Participate in 1/3 of matches played in a season and compete in IIAAG Championship

## **EXCEPTIONS**

- A student who quits or is asked to leave a team will not receive a letter.
- All seniors who complete a sport as a team member will receive a letter.

## **SCHOLAR ATHLETE OF THE YEAR SELECTION CRITERIA**

### **A student nominated by a coach must meet the following criteria:**

- \*Must have participated in 3 out of 4 seasons
- \*Must have at least a 3.5 GPA
- \*Must have held a leadership position (captain/co-captain) on at least one team
- \*Must have participated in at least 1 Far East event
- \*Must have exhibited good sportsmanship and the ability to lead on the field, and must have shown support to fellow players and dedication to the team

### **Selection Process:**

- \*Coaches nominate one male and one female athlete
- \*Administration conducts a discipline review
- \*Names of nominees submitted to teachers for comments
- \*Athletic Council makes final decision

### **Award Presentation:** Held at the awards ceremony at the end of the school year

- \*Perpetual plaque at GHS with athletes' names
- \*Plaque for each scholar athlete

## **CONCLUSION**

These rules and regulations have been set forth for our athletes at Guam High School to give each one the greatest opportunity to become a good citizen. Of greater importance, however, the athlete will be building a foundation toward becoming a better citizen and person. Guam High School athletes represent their parents, coaches, school and community. Therefore, it is expected that all athletes and their parents/sponsor will honor and respect the Guam High School Code of athletic conduct.



# ATHLETIC PROGRAM

## GUAM HIGH SCHOOL

200 Halsey Drive, Asan, Guam 96910

## PARENT LETTER

### **GOALS OF THE “PANTHER” ATHLETIC PROGRAM:**

#### Develop Life Long Skills

Under the direction of the coaches, participants will have the opportunities to develop sports skills that will prepare them for participation in other community sports programs and develop skills they can use throughout their adult life.

#### Competition Experiences

Athletes benefit from physical and mental challenges participating in a variety of competitions through interscholastic sports and other community sports organizations.

#### Sportsmanship

GHS Sport's program provides a forum for excellent sportsmanship and positive social interaction between teammates, which often lead to long-lasting friendships.

**In order to participate on a sport team, the student must first complete the forms listed below and return them to the Athletic Director's Office. All forms must be filled out completely and turned in prior to the beginning of the first practice of the sport's season.**

**Participation Forms:** These forms (Parent Consent, Athlete Guidelines, and Emergency Medical Care) should be turned in along with the current Physical Examination Form ensuring that the student is physically able to participate in interscholastic events.

**Current Physical Examination Form:** Physicals are good for ONE YEAR FROM THE DATE OF THE PHYSICAL. Insurance information must also be included. Failure to complete any part of this form will make the student ineligible.

**Grades:** All students are eligible for first quarter sports but must maintain eligibility through weekly grade checks. Students must have a Grade Point Average (GPA) of 2.0 and **NO F's** to be eligible for athletics. The Athletic Director's Office will verify the GPA.

**Equipment:** Once a student makes the team, he/she will be issued equipment. The student is responsible for the equipment received at the beginning of the season. If at the end of the season the issued equipment isn't returned, the student will be billed for the replacement cost. Failure to return or pay for lost/stolen equipment will affect student eligibility in other sports.

**Sports Seasons:**

<p><b><u>First Quarter Sports (August- November)</u></b></p> <ul style="list-style-type: none"> <li>➤ Football</li> <li>➤ Girls Volleyball</li> <li>➤ Cross-Country</li> <li>➤ Spirit Team (Cheerleading)</li> </ul>	<p><b><u>Second Quarter Sports (November - January)</u></b></p> <ul style="list-style-type: none"> <li>➤ Girls Basketball</li> <li>➤ Boys Soccer</li> <li>➤ Boys Baseball</li> <li>➤ Tennis</li> </ul>
<p><b><u>Third Quarter Sports (January - April)</u></b></p> <ul style="list-style-type: none"> <li>➤ Boys Basketball</li> <li>➤ Girls Softball</li> <li>➤ Wrestling</li> <li>➤ Golf</li> <li>➤ Rugby</li> </ul>	<p><b><u>Fourth Quarter Sports (April-June)</u></b></p> <ul style="list-style-type: none"> <li>➤ Girls Soccer</li> <li>➤ Boys Volleyball</li> <li>➤ Track and Field</li> </ul>

Fundamental skills, training, rules, and strategies necessary to achieve success, fun and sportsmanship will be stressed.

If you have any questions or concerns, please call or leave a message at the GHS main office 349-5410.

The coaching staff looks forward to a great season and hopes to see you at all of our competitions. Parental participation is extremely important to the success of any team. Thank you for your attention, cooperation, and support.



# ATHLETIC PROGRAM

## GUAM HIGH SCHOOL

200 Halsey Drive, Asan, Guam 96910

### **PARENT CONSENT FORM**

Permission is granted for my child to participate in the Interscholastic Athletic Program at Guam High School.

\_\_\_\_\_ can participate in the athletic activities listed below that  
STUDENT NAME

are approved by a physician for School Year \_\_\_\_\_.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### STUDENT'S APPLICATION

I AGREE TO NOTIFY MY SPORTS COACH OF ANY CHANGES IN MY HEALTH STATUS, TO INCLUDE ANY MEDICATIONS I MAY TAKE OR STOP TAKING. THIS APPLICATION TO PARTICPATE IN ATHLETICS AT THE ABOVE SCHOOL IS MADE WITH THE UNDERSTANDING THAT I HAVE NEVER RECEIVED ANY MONEY FOR PARTICIPATION IN ATHLETIC EVENTS AND THAT I HAVE NEVER COMPETED UNDER AN ASSUMED NAME. I PROMISE TO ACCOMPANY THE TEAM ON ITS SCHEDULED TRIPS AND TO NOT COMPETE IN ANY OUTSIDE ATHLETIC CONTEST IN THE SPORT I AM COMPETING IN FOR GHS UNTIL AFTER THE SCHOOL SEASON FOR THAT SPORT HAS BEEN COMPLETED.

DATE \_\_\_\_\_ STUDENT'S SIGNATURE \_\_\_\_\_

I am interested in participating in the following sports for School Year \_\_\_\_\_.  
(Indicate name of sport on the line.)

Quarter 1 Sport \_\_\_\_\_

Quarter 2 Sport \_\_\_\_\_

Quarter 3 Sport \_\_\_\_\_

Quarter 4 Sport \_\_\_\_\_

APPLICATION TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS MEDICAL CERTIFICATE TO BE  
COMPLETED BY EXAMINING PHYSICIAN

STUDENT'S NAME (LAST, FIRST, MI)		SCHOOL	GRADE
DATE OF BIRTH	HOME PHONE		SPONSOR'S DUTY PHONE
<p style="text-align: center;">STUDENT'S APPLICATION</p> <p>I AGREE TO NOTIFY MY SPORTS COACH OF ANY CHANGES IN MY HEALTH STATUS, TO INCLUDE ANY MEDICATIONS I MAY TAKE OR STOP TAKING. THIS APPLICATION TO PARTICIPATE IN ATHLETICS AT THE ABOVE SCHOOL IS MADE WITH THE UNDERSTANDING THEY HAVE NEVER RECEIVED ANY MONEY FOR PARTICIPATION IN ATHLETIC EVENTS AND THAT I HAVE NEVER COMPETED UNDER AN ASSUMED NAME. AFTER I HAVE REPRESENTED MY SCHOOL IN ANY SPORT, I PROMISE NOT TO COMPETE IN ANY OUTSIDE ATHLETIC CONTEST IN THIS SPORT UNTIL AFTER THE SCHOOL SEASON HAS BEEN COMPLETED.</p>			KEEP IN SCHOOL FILE
DATE	SIGNATURE OF STUDENT		
<p style="text-align: center;">PARENT OR GUARDIAN PERMISSION</p> <p>I HEREBY GIVE MY CONSENT FOR THE ABOVE STUDENT TO HAVE A MEDICAL EXAMINATION (SPORTS PHYSICAL) PERFORMED BY LOCAL U.S. MILITARY HOSPITAL/CLINIC PERSONNEL, TO ENGATGE IN INTERSCHOLASTIC ATHLETICS AT THE ABOVE SCHOOL IN THE APPROVED SPORT(S) CHECKED BELOW, AND TO ACCOMPANY THE TEAM AS A MEMBER ON ITS SCHEDULE TRIPS.</p>			
DATE:	PRINT NAME OF PARENT OR GUARDIAN:	SIGNATURE OF PARENT OR GUARDIAN:	

MEDICAL CERTIFICATE TO BE COMPLETED BY EXAMINING PHYSICIAN

		YES	NO
General health is satisfactory?		<input type="checkbox"/>	<input type="checkbox"/>
Is visual correction required for competition? Glasses / Contacts		<input type="checkbox"/>	<input type="checkbox"/>
Visual Acuity: right	/left	Tested with/with out correction	
Is there a bridge or false teeth?		<input type="checkbox"/>	<input type="checkbox"/>
Are immunizations current? If no, list immunizations received.		<input type="checkbox"/>	<input type="checkbox"/>
Are there health problems that should be evaluated or treated before participating in competitive sports? Explain:		<input type="checkbox"/>	<input type="checkbox"/>
Is applicant's blood pressure normal? BP / Pulse		<input type="checkbox"/>	<input type="checkbox"/>
Are there medical conditions that may affect participation? (asthma, diabetes) Please advise:		<input type="checkbox"/>	<input type="checkbox"/>
Are there medications that may be required for participation? If so please complete medication form.		<input type="checkbox"/>	<input type="checkbox"/>
	Basketball		Golf
	Baseball		Gymnastics
	Cross Country		Soccer
	Cheerleading		Swimming
	Field Hockey		Tennis
	Football		Track and Field
I have examined _____ and find him/her to be physically able to compete in the supervised athletic activities checked above. This certificate is valid for one year from date indicated below.			
Date:	PRINT NAME OF EXAMINING PHYSICIAN:	SIGNATURE OF EXAMINING PHYSICIAN:	



# CODE OF CONDUCT FOR GUAM HIGH SCHOOL ATHLETES

Dear Parent:

Your son or daughter has expressed a desire to participate in the Athletic Program at Guam High School. It is the belief of the coaching staff at Guam High School that athletics can do more for your child than teach him to play the sport he/she chosen. We believe athletics instills the desire to win and to attain personal goals, ensuring maximum team effort. Athletics also builds strength of body and strength of character. The latter of these qualities determines the success of the first three.

It is our belief that strength of character is the foundation upon which to build the well developed, well polished individual. Athletes, as people in any specialized field, have a unique role to play. They are constantly being monitored by their peers, teachers, and the community. By constantly being under this scrutiny, athletes must have strength of character and be constantly aware of the role they have assumed. They must be certain they present to their peers, teachers, and community the respect, sincerity, and honesty expected of a young lady or gentleman.

We believe very strongly that our athletes should possess these qualities. Because of this belief, we have established the following set of guidelines to be followed by all athletes at Guam High School.

## **ALL ATHLETES, REGARDLESS OF SPORT, MUST:**

1. Abide by all Independent Interscholastic Athletic Association of Guam (IIAAG) rule specifications, and abide by GHS and DoDEA athletic policy.
2. Attend every practice session and athletic contest unless ill or emergency situations. (Parents or athlete must call in if not attending a practice session.)
3. At all times, respond to every situation as young lady or gentleman.

## **ALL ATHLETES, REGARDLESS OF SPORT, MUST NOT AT ANY TIME BREAK THE FOLLOWING TRAINING RULES:**

1. Athletes will not smoke, and/or use tobacco or snuff.
2. Athletes will not consume or possess alcoholic beverages of any kind.
3. Athletes will not use or consume any type of drugs, steroids, or narcotics (except for medical purposes).
4. Athletes will not conduct themselves in a manner unbecoming of a lady or gentleman.

Violation of these athletic policies or Guam High School's Consequences of Behavior will result in appropriate disciplinary action being taken against the student and could result in his/her removal from the athletic program at Guam High School. Therefore, we ask your cooperation in motivating your son or daughter to observe these rules so that he or she will receive the maximum benefit from the program.

Attached are the Participation Expectations for Guam High School Athletes which you may retain. We have discussed these rules with your son or daughter. Please read them and discuss them again with your son or daughter. After you have read these, please sign and return this letter stating you both understand the rules.

If you have any questions, please call us at Guam High School at 349-5410.

Sincerely,

\_\_\_\_\_  
Head Coach Guam High School

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

# **PARTICIPATION EXPECTATIONS FOR GHS ATHLETES**

## **I. Classroom Conduct**

1. Guam High School athletes will observe all disciplinary roles established for regulating the conduct of students in the Guam High School as published in the Student Handbook.
2. Any athlete suspended from school will be ineligible to participate in his or her team's next competition following the student's return to school.
3. Delinquency acts such as skipping class, school, or practice will not be tolerated.

## **II. On the Field Conduct**

1. Athletes will obey all instructions given by the coaches. Insubordination will not be tolerated and will be followed by prompt disciplinary action. Insubordination is grounds for immediate loss of playing privilege.
2. Good sportsmanship is the essence of any athletic program. Unsportsmanlike conduct will not be tolerated. Fighting, disrespect for officials, or public displays of temper certainly constitute unsportsmanlike conduct and appropriate disciplinary action will follow any such conduct. Unsportsmanlike conduct is grounds for immediate loss of playing privilege.

## **III. Conduct on Trips**

1. Athletes will conduct themselves in accordance with the coaches' instructions on all trips. Failure to obey a coach's instruction will result in disciplinary action being taken. Failure to follow coaches' instructions is grounds for immediate loss of playing privilege.
2. The Dress Code policy of Guam High School applies on all trips.

## **IV. Training Rules**

Since physical conditioning is necessary to ensure the success of any athletic program and is extremely beneficial to the athlete, training rules must be established to ensure that the person desiring to participate in any athletic program remains in proper physical condition to safely participate and also to ensure that the athlete receives the maximum benefit from the program. Accordingly,

1. Curfew in season. In-season begins the day equipment is issued to an athlete and continues until all equipment is turned in.
2. The use of tobacco, in any form, by any athlete is prohibited.
3. The consumption of alcoholic beverages of any kind, variety or description, including beer, liquor, wine, malt liquor, ale, and/or mixed beverages, by any athlete is prohibited.
4. The consumption or use of marijuana of any species or any narcotic or dangerous drug listed as a controlled substance is prohibited, unless the same is consumed or used in accordance with a prescription obtained from a doctor of medicine.